



# HELPING WOMEN & GIRLS HELP THEMSELVES

For more than 40 years, Madonna Heights has helped adolescent girls, women and families overcome the devastating effects of poverty, neglect and abuse. Based in Dix Hills, NY, Madonna Heights provides a wide range of services to thousands of Long Islanders. We believe personal growth and emotional healing lay the foundation for a brighter future.

## Dix Hills Campus

### BUILDING SELF-ESTEEM...

#### A Place To Grow

The teenage years can be a trying time for girls. For those facing behavioral, social or mental challenges, it can be especially difficult. Our Madonna Heights Campus in Dix Hills offers a structured, therapeutic setting for 70 adolescent girls who are having problems at home, in school and in their community. Our two campus residences focus on the unique – and sometimes extraordinary – needs of each individual resident. We offer critical support that helps them learn and grow.

#### A Place To Learn

The Madonna Heights School provides a quality education for campus residents in grades 7 through 12. A day program for girls who have difficulty succeeding in a traditional school setting but can live at home is also available. In addition to receiving an education from a New York State accredited school, students receive clinical support necessary to grow into confident, productive young women.

#### A Place To Be Heard

Madonna Heights' therapeutic arts program is an integral part of students' educational, emotional and social development. It provides girls with a safe and creative outlet for self-expression that helps them gain a greater understanding of themselves and the world around them.

### ...BUILDING SELF-RELIANCE

#### A Place To Heal

Overcoming dependency on drugs or alcohol can be a daunting task. Our Morning Star Residences provide single women and mothers in recovery with a safe, supportive, home-like structure focused on helping them to develop a drug and alcohol-free, self-supporting lifestyle. The program offers an environment that teaches, strengthens and encourages women in the recovery process. Mothers in our Morning Star II Residence are able to keep their children with them and learn good parenting practices as they progress towards a full recovery.

#### A Place To Stay

We also provide shelter for an especially vulnerable group – homeless young women. Our Gatehouse Residence offers temporary housing as we help these young women return home or transition to a longer-term setting.

#### A Place To Bond

Stronger families make stronger communities. Our Family Service Clinic supports families of all types as they overcome obstacles and strengthen existing bonds. We offer individual, marital, family and play therapies to all members of families living in Nassau and Suffolk counties.



# HELP US HELP THEM

Throughout Long Island

## PROVIDING HOPE

### A Place To Live

Madonna Heights provides emergency housing for homeless adolescent girls and women in seven homes located throughout Long Island. We provide food, shelter and support services that teach parenting and independent living skills in a safe and supervised environment.

Two homes offer permanent housing for up to five women as they transition back into the community. Another residence gives adolescent girls who can't live at home a place to stay. Many of these girls have used this opportunity to get an education and several have gone on to college.

### Thank You

*“Thank you for everything you have done for me. That project was a lot of work and I was going to quit but you convinced me to keep going and going until I ended up where I was yesterday. I just wanted to say thank you for everything you have taught me and everything I am still learning.”*

— Shawanna B.

(Thank you note from student Shawanna B. to her art teacher after taking 1st Place at the Visual Arts Competition hosted by The Holocaust Memorial and Tolerance Center.)

### THERE ARE MANY WAYS YOU CAN GET INVOLVED

- Become a volunteer. Contact the Development Office at 631.643.8800.
- Tell a friend about us.
- We are always looking for ways to leverage resources, pro-bono services and in-kind gifts.
- Get your company involved through corporate volunteer activities and corporate sponsorships.
- Make a donation – send a check or donate online.

### About Madonna Heights and SCO Family of Services

Madonna Heights is a member of SCO Family of Services. SCO provides a diverse continuum of programs for children and families throughout the metropolitan New York area. SCO's core service areas include: Foster Care & Adoption; Homes & Services for People with Developmental Disabilities; Homeless Residences & Services; Early Childhood Services; Schools; Programs in Public Schools; Family Counseling & Preventive Services; Services and Homes for Teens; Mental Health Programs & Homes.

### CONTACT US MADONNA HEIGHTS

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# INSPIRING WOMEN & GIRLS

# MADONNA HEIGHTS